



## Home Connection

Dear Parents/Guardians,

As part of the Family Life Education Emotional and Social Health Modified Curriculum, your child will be learning about a variety of topics including Internet safety and mobile devices. Of particular importance for students at the secondary level is understanding appropriate use of personal devices, social media, and how these tools impact interpersonal relationships across settings.

Below is a list of skills that you may want to review with your child to support their safe use of technology at home, school, and across other settings

- ✓ Not sharing personal information (name, address, phone number)
- ✓ Navigating social media appropriately
- ✓ Understanding potential consequences of inappropriate behaviors (e.g., loss of friend, loss of job, legal issues)
- ✓ Not engaging in personal or private topics to include sexually explicit conversations and taking and/or sharing sexually explicit photos
- ✓ Keeping a device on silent mode/vibrate while at school or work
- ✓ Accessing a device at appropriate times (such as a break)
- ✓ Avoiding the use of social media during the school day or workday

For more information on safe technology use, Common Sense Media has resources for parents on a variety of topics to include cell phones and social media at <https://www.commonsensemedia.org/cellphone-parenting>.

The Family Life Education curriculum also includes modified lessons on puberty and hygiene, reproductive anatomy, human reproduction and childbirth, and abstinence and refusal skills. To support further discussions with your child on these topics, you may want to explore additional materials on “Sexuality Education for Students with Disabilities” available through the Center for Parent Information and Resources website at <https://www.parentcenterhub.org/sexed/>.

Thank you for partnering with the schools to keep our children safe. Please contact me if you have any questions or concerns.

Sincerely,

Special Education Teacher

