

## Human Sexuality

**Directions:** Answer each question in the space for “My Response.” Discuss each question with your parent(s) or guardian and take notes on their responses. Write a reflection based on this activity using the questions provided in class or your own.

Dear Parent/Guardian:

We have been discussing the basic needs a person has throughout his or her lifetime. Our discussion included how human sexuality develops, as well as the need for clearly defined values and the importance of a good self-image in order to become healthy, happy, contributing adults. Please discuss the following questions with me.

1. Why are relationships with people of both same and other gender important for adolescents?

**My Response**

**Parent/Guardian Response**

2. What effect do you think my self-image will have on my closest relationships?

**My Response**

**Parent/Guardian Response**

3. Do you think dating is important? What do you hope I learn from close friendships or dating relationships?

**My Response**

**Parent/Guardian Response**

4. What are the characteristics you look for in relationships with others?

**My Response**

**Parent/Guardian Response**

5. A romantic relationship is healthy when \_\_\_\_\_.

**My Response**

**Parent/Guardian Response**

6. Why are derogatory names around sexual identity and sexual behaviors so often used in our society?

**My Response**

**Parent/Guardian Response**

Thank you for taking time to answer these questions with me.

Your son/daughter,