



## Home Connection

### Human Growth and Development – Grade 6 Parent/Guardian Homework Letter

Dear Parent/Guardian,

Today at school we began a unit on Human Growth and Development. In this unit your child will be learning about the physical, emotional, and social changes that happen to boys and girls during adolescence.

Below is an assignment that is designed to help you talk to your child about puberty and the new responsibilities of adolescence. The assignment is optional. If you choose to do the assignment, please talk with your child about the responsibilities and privileges that come with maturity.

Using the items below, discuss with your child what you believe is the right time, according to your family beliefs and culture, for young people to have earned these freedoms. Include the idea that demonstrating responsible behavior with one privilege often shows parents and guardians that children are ready for other privileges. Talk about what safety issues are involved. (Answers do not have to be written down.)

- Having an allowance
- Deciding how to spend your allowance
- Going to the mall with friends
- Going to a movie with friends
- Going to a boy-girl party
- Picking out/buying your own clothes
- Group dating, double dating, couple dating
- Having their own cell phone

Thank you for taking the time to complete this activity with your child.

Sincerely,

Your Child's Human Growth and Development Teacher