



Home Connection

Dear Parent or Guardian:

Your child has completed the Human Growth and Development unit included in ninth grade health education. In this unit, students discussed the critical events and characteristic behaviors of adolescence and issues related to human sexuality. In the lessons pertaining to contraception and sexually transmitted infections, abstinence from sexual activity was emphasized. As the primary educator of your son or daughter, it is important that you share your family values and viewpoints on human sexuality. The attached activity has been designed to help initiate discussion with your son or daughter about sexual issues. Your discussions are a personal family matter and are not intended to be shared at school. Therefore, this letter and activity will not be returned. I hope the activity facilitates valuable discussion with your child.

Please contact me with any questions.

Sincerely,

Health Education Teacher

Parent and Child Dialogue on Sexual Issues

Parent and child should independently read the statements below and indicate if they strongly agree, somewhat agree, unsure, somewhat disagree, or strongly disagree.

After both the parent and child have had a chance to read and respond, compare and discuss your answers.

List of Statements Concerning Human Sexuality

1. It is normal for teenagers to be interested in issues related to human sexuality.
2. Sexual activity among teenagers can be detrimental to their physical, social, and emotional health.
3. Teens should postpone sexual activity until marriage.
4. Same- and opposite-gender friendships that do not include sexual activity are a necessary and enriching part of our daily lives.
5. Contraceptives should be available to teenagers without parent notification.
6. Understanding of sexuality comes from family, religion, culture, and friends.
7. It is important for parents and their children to discuss sexuality issues.
8. All people, regardless of sexual orientation or gender identity, should be treated with respect.