

Student Concussion Evaluation

Student	Date	
DOB	Grade	
<p>FCPS Concussion Information: Students who have been injured often need additional support to perform school activities during their recovery. To help us support your student, please have the treating medical professional complete the form below by checking the zone that is most appropriate during this phase of your student's recovery. Please note that zones are designated according to the most <i>significant limitations experienced</i> by the student in any one class. Zone descriptions are based on a combination of factors and have been developed to help school counselors and teachers identify the level of instructional support that may be appropriate for a student in one or more classes. Given the individualized nature of the injury, it is possible that a student may not require the same level or type of instructional supports across all classes.</p>		
Parental Consent to Share Information		
<p>I am the parent/guardian of the above named student, a non-emancipated student under the age of 18. I hereby consent to the exchange (written, verbal, or both) of confidential student information relating to this student between (FCPS) and _____.</p>		
Parent Name	Parent Signature	Date

Please indicate the zone associated with the student's injury		
Check	Zones	Descriptors
<input type="checkbox"/>	Red Zone	No School – Rest at home Ø Limited physical and cognitive activity
<input type="checkbox"/>	Orange Zone	No School – Light cognitive activity Ø No more than 30 minutes of sustained cognitive activity Ø Limited physical activity
<input type="checkbox"/>	Yellow Zone	Partial School Day Ø Limited school/class attendance Ø Maximum Instructional Strategies/Supports
<input type="checkbox"/>	Blue Zone	Partial School Day Ø Limited school/class attendance Ø Moderate instructional strategies/supports
<input type="checkbox"/>	Purple Zone	Full School Day Ø Minimal instructional strategies/supports
<input type="checkbox"/>	Green Zone	Full School Day Ø No instructional strategies/supports
Physician Information		
Physician's Name		Phone Number
Physician's Signature		Date
Physician's Notes/Specific Recommendations:		

Student Concussion Evaluation Continued

Zone	Descriptor	Common Instructional Supports
Red	No School–Rest at home	<ul style="list-style-type: none"> Ø Minimal cognitive activities- limit reading, computer use, texting, television or video games; Ø No homework Ø No driving; and Ø Minimal physical activity.
Orange	No School–Rest at home	<ul style="list-style-type: none"> Ø Up to 30 minutes of sustained cognitive exertion; Ø No prolonged concentration Ø No driving; and Ø Limited physical activity.
Yellow	Partial School Day	<ul style="list-style-type: none"> Ø Shortened school day with breaks; Ø Modify environment (e.g. limiting time in hallway, identifying quiet and/or low-light areas); Ø Clear Desk, meaning no written desk work (auditory only); Ø Peer note taking; Ø Periodic breaks from active classroom participation both in class (head down on desk) and out of class (health room, library); Ø Establish learning priorities; Ø No standardized/classroom testing; Ø Extra time, extra assistance and/or modified assignments; Ø Rest/recovery once out of school; and Ø Elimination or reduction of homework.
Blue	Partial School Day	<ul style="list-style-type: none"> Ø Set priorities for learning; Ø Limit classwork and homework; Ø Alternative grading strategies; Ø Built-in breaks outside of classroom Ø No standardized testing; Ø Modified/limited classroom testing; Ø Reduction of extra time, assistance and/or modification of assignments as tolerated; and Ø Period of mental and/or physical rest within the classroom (head down on desk).
Purple	Full School Day	<ul style="list-style-type: none"> Ø Built-in breaks if needed; Ø No standardized testing , limited formative and summative testing; Ø Reduction of extra time, assistance and modifications of assignments; and Ø Continuation of instructional modifications/supports in academically challenging subjects that require cognitive overexertion and stress.
Green	Full School Day	<ul style="list-style-type: none"> Ø Attends all classes; Ø Maintains full academic load/homework; and Ø Requires no instructional modifications.