

ACADEMIC ADVISING FOR A BALANCED LIFE

OCTOBER 29, 2016



Question

Why am I here?

Turn and talk to a neighbor.

Quick Poll:

Raise your hand if you are a:

- Parent
- Student
- FCPS Staff Member
- Community Member

Millennial Work Force



Academic Advising Process in Schools

- Timelines
- Student Programs
- Parent/ Guardian Programs
- Resources for Families

Open Enrollment



Goldilocks Principle



Academic Considerations

- Academic Performance Measures
- Functioning of Student in Past/Current Academic Levels
- Interest in Subject Matter
- Teacher Input

Developmental Considerations



Piaget's Stages of Development

Sensorimotor. Birth through ages 18-24 months.

Preoperational. Toddlerhood (18-24 months) through early childhood (age 7).

Concrete operational. Ages 7 to 12.

Formal operational. Adolescence through adulthood.

Extracurricular Considerations



Personality Considerations

- Learning Styles
- Meyers-Briggs Categories
- Motivation

Reflection

Think about your own experiences, either as a student, parent, or staff member.

How did these considerations impact academic decisions?

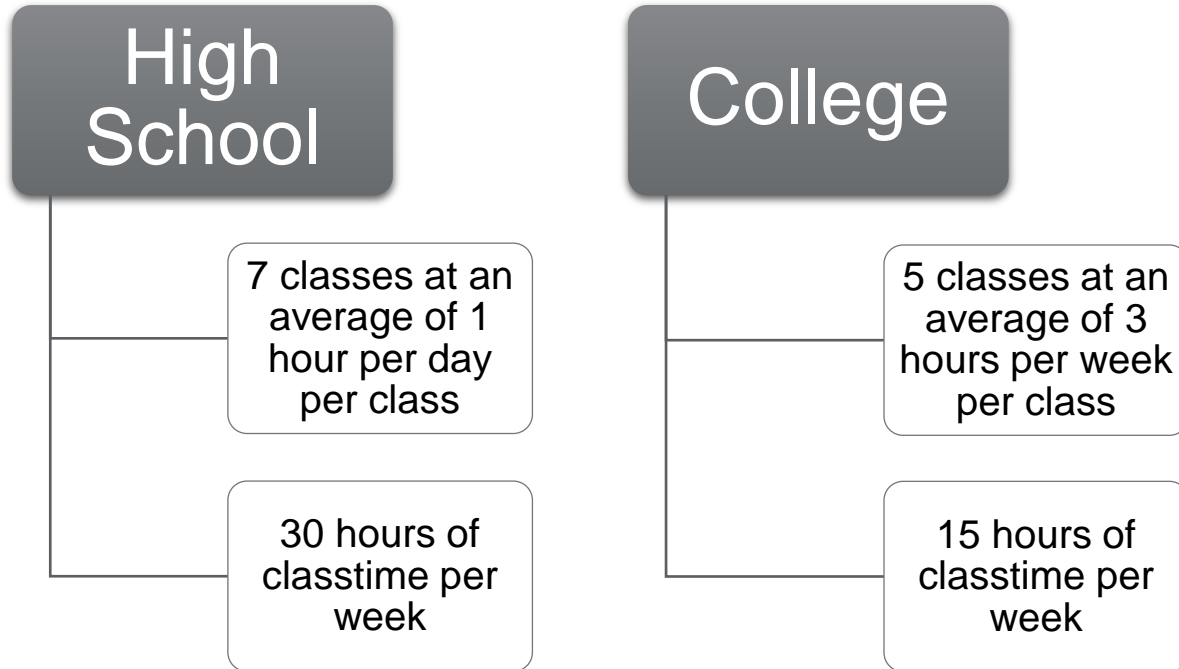
- Academic
- Developmental
- Extracurricular
- Personality

Hand up, stand up, pair up—find a partner at least ten steps from where you are currently.

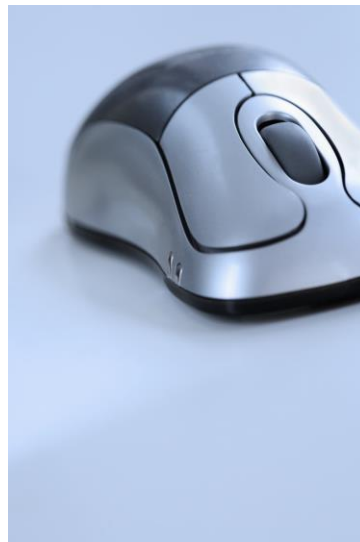
Honors, AP and IB Courses

- Step up vs. Step down approach
- Cumulative Course Load & Homework Load
- Interest in the Subject

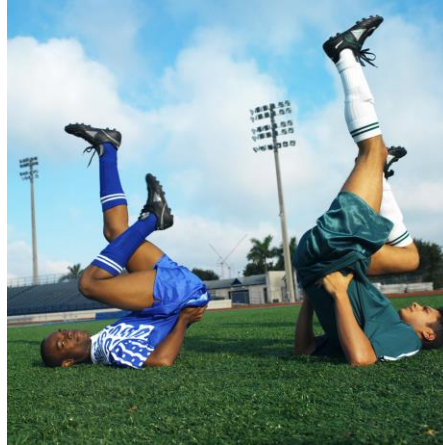
How does a high-school schedule compare to a college schedule?



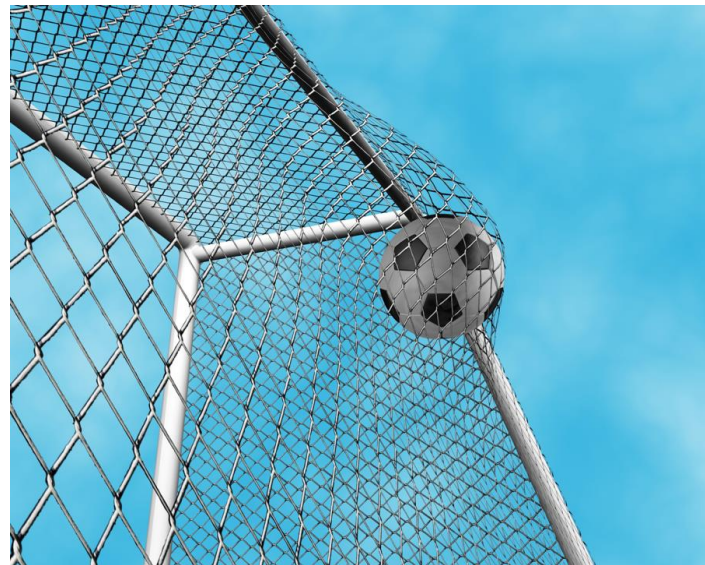
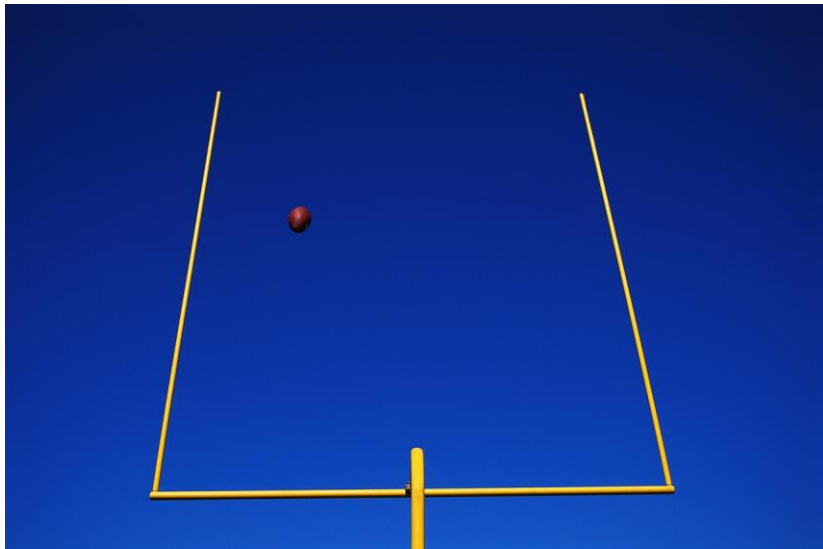
Electives



Health and Wellness



Long-Term Goals



What can you do?

In your role, how can you support a positive academic advising experience for your child or other students?

Turn to a different shoulder partner, and share your thoughts.

Resources

- Graduation Requirements:

<https://www.fcps.edu/academics/graduation-requirements-and-course-planning>

- FCPS Mental Wellness & Resiliency Resources:

<https://www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency>

- FCPS School Counseling Services:

<https://www.fcps.edu/resources/student-safety-and-wellness/school-counseling-services>

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