

## School Health Advisory Committee DRAFT Meeting Minutes May 18, 2022

Members of the public are welcome to attend in-person. Fairfax County and City residents may make public comment by submitting a video or audio testimony by email to [lmskurpski@fcps.edu](mailto:lmskurpski@fcps.edu) prior to the scheduled meeting.

### Members in Attendance:

**P = Present    A = Absent**

P	Boyd, Michelle	A	Kim, Seoryoung "Haley" *	P	Smith, Ann*	A	Vass, Lori Jacobs*
P	Danner, Kara*	P	Mauer, Megan	P	Spanier, Holly*	P	Wallin, Robin*
P	Daugherty, Karim*	P	Nachnani, Sherry*	A	Spivack, Beth*	P	Whiteside, Samantha
P	Demers, Bethany	A	Omeish, Abrar	P	Steiner, Jen*	P	Wilkie, Ann*
A	Elhady, Merchan*	P	Payne, Phyllis*	A	Strum, Judy*	P	Yergin- Doniger, Ilana*
P	Fox, Brett*	P	Reynolds, Carrie	P	Thompson, Joe*		
P	Glenn, Adriana*	P	Silvia-Torma, Brenda*	A	Trouton, Lorraine*	P	Small, Saray
P	Koubaroulis, Danielle*	P	Skurpski, Lea	P	Vaccarello, Tom		

\*shows all voting members

1. Meeting Called to Order by SHAC Chair, Phyllis Payne, at 7pm
2. Approval of April Meeting Minutes: Vote to go back and edit minutes to reflect \* shows all voting members. All approved. Motion made to approve by Ilana Yergin-Doniger; seconded by Adriana Glenn. No votes against.
3. Public Comment: Terri Radziewski, invited by Dr. Ricardy Anderson to share information regarding technology use in FCPS. Information was shared regarding a high school student with sore back and shoulders. Some classes have high laptop usage; some do not. Concern of impact on student health on neck, back, shoulders, and carpal tunnel. There are proper placements for arms, legs, and back according to OSHA (Occupational Safety and Health Administration). A recommendation includes separate keyboard and mouse. Also having students be able to get up and have a different posture/positioning. Eye issues; dry eye, migraines, eye strain may also be issues of concern. Families may want to consider providing blue screen glasses and talking to students about proper posture.
4. FCPS Updates: Lea Skurpski-June 28<sup>th</sup> presentation to School Board of completed SHAC end of year report. Recent uptick in COVID cases has been shared with public. Fairfax County has moved from low to moderate community transmission level. FCPS is sending home rapid test kits to impacted school communities and the Fairfax County Health Department is establishing local testing sites to assist. Masking requirement is no longer a consistent strategy that is mandated; however, families have been reminded to monitor symptoms, test, and remain home when sick to lessen transmission opportunities. FCPS public website shares FCPS Health and Safety guidance.
5. LGBTQ Student Support Discussion: According to Trevor Project, LGBTQ support in the community have lower suicide rates. SHAC wants our LGBTQ students to know they are valued. FCPS does already support the calling of students by their chosen name and anti-LGBTQ bullying will be penalized. Carrie Reynolds, Coordinator III, Health, Physical, Family Life & Driver Ed, shared information on Family Life Education (FLE) Curriculum and resources for families available to support their students. Ms. Reynolds said it was important to be sure families were aware. Opt out rates have not changed much overall. SHAC voted to include statement in our final end of year report. Brett Fox motioned to approve, Sherry Nachnani seconded. Approval was unanimous.
6. 2021-2022 SHAC End of Year Report: Sherry Nachnani motioned to approve. Adrianna Glenn seconded. All approve. Motion by Brenda Silvia Torma to approve edits. Ilana Yergin Doniger seconded. No opposition.

Updated 4/14/22

7. Vote on Chair & Co-Chairs for 2022 – 2023 School Year: Phyllis Payne nominated Brenda Silvia-Torma and Ilana Yergin-Doniger. Ann Wilkie seconded. Committee unanimously approved.
8. Vote on Committee Charge for 2022 – 2023: All approved. Edit made to charge for next year: Brenda Silvia-Torma motioned to approve and Ann Wilkie seconded. Consensus to approve. Circled back to edit by removing “educational” and adding the word “use” after technology. Motioned to approved by Karim Daugherty; seconded by Sherry Nachnani. All approved. Approved charge for SY 22-23 as follows: SHAC will focus on learning more about the impact of technology use on student wellness, including physical and mental health, physical activity, social-emotional well-being, and sleep. We will seek to understand best practices in the use of educational technology in schools for various age groups and seek direct student and family feedback.
9. Vote on 2022 – 2023 Meeting Dates: Motion to change December date to 12/14 by Brenda Silvia-Torma; seconded by Adriana Glenn. Hearing no objections, so approved. Brenda Silvia-Torma motioned to approved dates; seconded by Ilana Yergin-Doniger. No objections to approval of all dates as follows: 9/21, 10/19, 11/16, 12/14, 1/18, 2/15, 3/15, 4/19, 5/17
10. Adjournment: Phyllis Payne adjourned at 8:38pm.

Meeting Handouts: Notes from Terri Radziewski will be sent to Phyllis Payne.

Meeting Notes Drafted by: Karim Daugherty