



2023-2024 School Wellness Survey Responses by **Early Childhood Center**

[Bull Run Early Childhood](#)

[Dunn Loring Early Childhood](#)

[Pimmit Early Childhood](#)

[Virginia Hills Early Childhood](#)

2023-2024 School Wellness Survey Responses

Bull Run EC Center

Section A – Physical Education

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
A1: Physical education classes provide students with the minimum time-requirements under FCPS Regulation 3218.	No Activity
A2: At least 50 percent of physical education class-time includes moderate to vigorous physical activity.	No Activity

Section B – Physical Activity

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
B1: Withholding recess or physical education is not used as a disciplinary action.	No Activity
B2: ELEMENTARY SCHOOLS ONLY: On average, our school provides a minimum of 15 minutes per day of supervised recess.	No Activity

Question: Please highlight any activities or best practices used to promote student's physical activity.

"n/a"

Section C – Health Education

<u>Question: To what extent does your school effectively impart the following topics in FCPS's health education curriculum:</u>	<u>Response</u>
C1: Promoting Healthy Lifestyles.	Embedded
C2: Stress Management.	Embedded
C3: Coping Skills.	Embedded
C4: Depression.	Embedded
C5: Suicide Prevention and Awareness.	Embedded
C6: Mental Health Issues (general).	Embedded
C7: Relationship of Healthy Sleep to Mental Health.	Embedded

2023-2024 School Wellness Survey Responses

Bull Run EC Center

C8: Substance Abuse Prevention.

Embedded

Section D – Health Services

Question: To what extent does your school implement the following practices:

Response

D1: FCPS' protocols with respect to student disclosure and display of concerning behaviors, such as harm to self or others.

Embedded

D2: Students have regular access to public health nurses to address health, safety, and psychological issues.

No Activity

D3: Required staff in our school maintain requisite levels of training in emergency first aid, CPR, and AED per the Code of Virginia.

Embedded

D4: Required staff in our school maintain requisite levels of training in medication administration per FCPS Regulation 2102.

Embedded

Section E – Healthy and Safe School Environment

Question: To what extent does your school implement the following practices:

Response

E1: Encourages children to safely walk or bike to and from school.

No Activity

E2: Promotes age-appropriate mentorships as a way to help students develop strong, safe, and trusted relationships with respected adults.

No Activity

E3: School buildings, grounds, structures, vehicles (if applicable), and equipment are maintained in accordance with FCPS Policy 8560.

Embedded

E4: Maintains a comprehensive tobacco-free policy in accordance with FCPS' Policy 4419 and Regulation 2152.

Embedded

Question: Please share any school or community specific barriers to promoting a healthy and safe school environment for students.

"none"

2023-2024 School Wellness Survey Responses

Bull Run EC Center

Section F – School Counseling, School Psychology, and School Social Work Services

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
F1: Monitors school climate and other factors that may contribute to student stress, symptoms of anxiety and depression, and peer and academic pressures and substance use.	Emerging
F2: Our staff has received required suicide prevention training, as well as training that includes recognition of, and response to, mental and behavioral health needs.	Embedded
F3: Implements programs that foster social and emotional health and wellness of students and staff.	Embedded
F4: Staff are prepared to effectively implement FCPS' protocol when conducting suicide-risk screenings and assessments.	Embedded
F5: Provides opportunities for students, families, and staff to learn strategies to identify and manage stressors to maintain a healthy work life balance.	Embedded
F6: MIDDLE AND HIGH SCHOOLS ONLY: Academic advising encourages flexibility in course scheduling to promote adequate sleep and healthy sleep patterns to affect student mental health, wellness, and attendance.	Not a Middle/High School

Section G – Health Promotion for Staff Members

<u>Question: To what extent does the staff wellness liaison support opportunities for staff members to improve their health and well-being:</u>	<u>Response</u>
G1: Health screenings.	Embedded
G2: Health care access.	Embedded
G3: Employee flu immunization clinics.	Embedded
G4: Wellness opportunities for staff, such as fitness challenges, fitness classes, mobile health screenings, wellness walks, workshops, or health fairs that emphasize work/life balance.	Embedded
G5: Awareness of the Employee Assistance Program Services.	Embedded

2023-2024 School Wellness Survey Responses

Bull Run EC Center

G6: Staff celebrations that offer and encourage healthy choices for food and beverages. Embedded

Section H – Family and Community Involvement

Question: To what extent does your school implement the following practices: Response

H1: Established a wellness committee to implement activities that support the wellness policy. Embedded

H2: Includes a non-staff, family, or community member in our school's wellness committee. No Activity

Question: Please share how your wellness committee encourages involvement from families and community members in promoting wellness in your school.

"none"

Section I – Food and Nutrition General

Question: To what extent does your school implement the following practices: Response

I1: All students have at least 20 minutes to eat after sitting down for lunch. No Activity

I2: Students who participate in school meal programs have equal access to the same high-quality food and nutrition as do non-participants who purchase FCPS-provided food. No Activity

I3: Student tutoring, meetings, and club activities are not scheduled during mealtimes unless students may eat during such activities. No Activity

I4: Measures in place to prevent overt identification of students who are eligible for free and reduced-price school meals. No Activity

I5: Encourages the use of non-food items for classroom celebrations. No Activity

I6: Withholding access to food is not used as a disciplinary action. No Activity

I7: Potable water is available to all our students at no cost. No Activity

I8: Actively solicits student input in selecting foods and meals served by Food and Nutrition Services (FNS). No Activity

I9: Allows students to possess personal containers for drinking water. No Activity

2023-2024 School Wellness Survey Responses

Bull Run EC Center

I10: ELEMENTARY SCHOOLS ONLY: Lunch periods scheduled to follow recess whenever possible. No Activity

Section J – Nutrition Education, Promotion, and Food Marketing

Question: To what extent does your school implement the following practices: Response

J1: Only food and beverages that meet the “Smart Snacks” standards are marketed to students on school grounds during the school day. No Activity

No Activity

J2: We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day. No Activity

J3: We follow FCPS’ policy on fundraisers as outlined in R2100.

Section K – Nutritional Guidelines

Question: To what extent does your school implement the following practices: Response

K1: Sodas and sports drinks are not offered for sale to students at any time during the school day. No Activity

K2: Healthy food and beverage options are encouraged at school-related events outside the school day. No Activity

K3: Implements appropriate precautions against severe food allergies. No Activity
No Activity

K4: We follow all nutrition guidelines for food and beverage standards, as outlined in FCPS P2100 and R2100.

Section L – Ideas/Comments/Suggestions

Question: Please list any wellness events or activities your school has undertaken or will undertake this school year.

“No Response”

Question: Please provide any suggestions, best practices, or tools that you believe would be helpful in evaluating and supporting student and staff health and wellness within FCPS.

“No Response”

2023-2024 School Wellness Survey Responses

Bull Run EC Center

Question: Please provide any questions or comments you have with regard to FCPS' Student and Staff Health and Wellness policy, regulation, or these wellness survey items.

"No Response"

Summary Tables:

The following graph and table visually summarize your school's responses provided above. Questions in the graph are represented by bars corresponding to the self-reported wellness score. Questions in the table are grouped together according to their self-reported wellness score (e.g., all questions recorded as "embedded" are grouped together, etc.).

*Note: Questions are abbreviated by their section and number. Please refer to the report for the question full text.

2023-2024 School Wellness Survey Responses

Bull Run EC Center

Comparison of Survey Question and Self-Reported Wellness Score



Wellness Score

(1 = No Activity, 2 = Exploring, 3 = Transitioning, 4 = Emerging, 5 = Embedded)

2023-2024 School Wellness Survey Responses

Bull Run EC Center

Survey Questions Grouped by Wellness Score

No Activity (Score = 1)	Exploring (Score = 2)	Transitioning (Score =3)	Emerging (Score =4)	Embedded (Score =5)
A1, A2, B1, B2, D2, E1, E2, H2, I1, I2, I3, I4, I5, I6, I7, I8, I9, I10, J1, J2, J3, K1, K2, K3, K4			F1	C1, C2, C3, C4, C5, C6, C7, C8, D1, D3, D4, E3, E4, F2, F3, F4, F5, G1, G2, G3, G4, G5, G6, H1

2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

Section A – Physical Education

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
A1: Physical education classes provide students with the minimum time-requirements under FCPS Regulation 3218.	No Activity
A2: At least 50 percent of physical education class-time includes moderate to vigorous physical activity.	No Activity

Section B – Physical Activity

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
B1: Withholding recess or physical education is not used as a disciplinary action.	No Activity
B2: ELEMENTARY SCHOOLS ONLY: On average, our school provides a minimum of 15 minutes per day of supervised recess.	No Activity

Question: Please highlight any activities or best practices used to promote student's physical activity.

“ ”

Section C – Health Education

<u>Question: To what extent does your school effectively impart the following topics in FCPS's health education curriculum:</u>	<u>Response</u>
C1: Promoting Healthy Lifestyles.	Transitioning
C2: Stress Management.	Exploring
C3: Coping Skills.	Transitioning
C4: Depression.	Emerging
C5: Suicide Prevention and Awareness.	Exploring
C6: Mental Health Issues (general).	Embedded
C7: Relationship of Healthy Sleep to Mental Health.	Embedded

2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

C8: Substance Abuse Prevention.

Exploring

Section D – Health Services

Question: To what extent does your school implement the following practices:

Response

D1: FCPS' protocols with respect to student disclosure and display of concerning behaviors, such as harm to self or others.

Exploring

D2: Students have regular access to public health nurses to address health, safety, and psychological issues.

No Activity

D3: Required staff in our school maintain requisite levels of training in emergency first aid, CPR, and AED per the Code of Virginia.

Emerging

D4: Required staff in our school maintain requisite levels of training in medication administration per FCPS Regulation 2102.

No Activity

Section E – Healthy and Safe School Environment

Question: To what extent does your school implement the following practices:

Response

E1: Encourages children to safely walk or bike to and from school.

No Activity

E2: Promotes age-appropriate mentorships as a way to help students develop strong, safe, and trusted relationships with respected adults.

No Activity

E3: School buildings, grounds, structures, vehicles (if applicable), and equipment are maintained in accordance with FCPS Policy 8560.

Embedded

E4: Maintains a comprehensive tobacco-free policy in accordance with FCPS' Policy 4419 and Regulation 2152.

Embedded

Question: Please share any school or community specific barriers to promoting a healthy and safe school environment for students.

“none”

2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

Section F – School Counseling, School Psychology, and School Social Work Services

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
F1: Monitors school climate and other factors that may contribute to student stress, symptoms of anxiety and depression, and peer and academic pressures and substance use.	Exploring
F2: Our staff has received required suicide prevention training, as well as training that includes recognition of, and response to, mental and behavioral health needs.	Exploring
F3: Implements programs that foster social and emotional health and wellness of students and staff.	Exploring
F4: Staff are prepared to effectively implement FCPS' protocol when conducting suicide-risk screenings and assessments.	No Activity
F5: Provides opportunities for students, families, and staff to learn strategies to identify and manage stressors to maintain a healthy work life balance.	Exploring
F6: MIDDLE AND HIGH SCHOOLS ONLY: Academic advising encourages flexibility in course scheduling to promote adequate sleep and healthy sleep patterns to affect student mental health, wellness, and attendance.	Not a Middle/High School

Section G – Health Promotion for Staff Members

<u>Question: To what extent does the staff wellness liaison support opportunities for staff members to improve their health and well-being:</u>	<u>Response</u>
G1: Health screenings.	No Activity
G2: Health care access.	Emerging
G3: Employee flu immunization clinics.	No Activity
G4: Wellness opportunities for staff, such as fitness challenges, fitness classes, mobile health screenings, wellness walks, workshops, or health fairs that emphasize work/life balance.	Exploring
G5: Awareness of the Employee Assistance Program Services.	Emerging

2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

G6: Staff celebrations that offer and encourage healthy choices for food and beverages.

Transitioning

Section H – Family and Community Involvement

Question: To what extent does your school implement the following practices:

Response

H1: Established a wellness committee to implement activities that support the wellness policy.

Exploring

H2: Includes a non-staff, family, or community member in our school's wellness committee.

No Activity

Question: Please share how your wellness committee encourages involvement from families and community members in promoting wellness in your school.

“provides resources to families being assessed and receiving resource services”

Section I – Food and Nutrition General

Question: To what extent does your school implement the following practices:

Response

I1: All students have at least 20 minutes to eat after sitting down for lunch.

No Activity

I2: Students who participate in school meal programs have equal access to the same high-quality food and nutrition as do non-participants who purchase FCPS-provided food.

No Activity

I3: Student tutoring, meetings, and club activities are not scheduled during mealtimes unless students may eat during such activities.

No Activity

I4: Measures in place to prevent overt identification of students who are eligible for free and reduced-price school meals.

No Activity

I5: Encourages the use of non-food items for classroom celebrations.

No Activity

I6: Withholding access to food is not used as a disciplinary action.

No Activity

I7: Potable water is available to all our students at no cost.

No Activity

I8: Actively solicits student input in selecting foods and meals served by Food and Nutrition Services (FNS).

No Activity

I9: Allows students to possess personal containers for drinking water.

No Activity

2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

I10: ELEMENTARY SCHOOLS ONLY: Lunch periods scheduled to follow recess whenever possible.

Not an Elementary School

Section J – Nutrition Education, Promotion, and Food Marketing

Question: To what extent does your school implement the following practices: Response

J1: Only food and beverages that meet the “Smart Snacks” standards are marketed to students on school grounds during the school day. No Activity

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J3: We follow FCPS’ policy on fundraisers as outlined in R2100.

Section K – Nutritional Guidelines

Question: To what extent does your school implement the following practices: Response

K1: Sodas and sports drinks are not offered for sale to students at any time during the school day. No Activity

No Activity

K2: Healthy food and beverage options are encouraged at school-related events outside the school day. No Activity

No Activity

K3: Implements appropriate precautions against severe food allergies. No Activity

No Activity

K4: We follow all nutrition guidelines for food and beverage standards, as outlined in FCPS P2100 and R2100.

No Activity

Section L – Ideas/Comments/Suggestions

Question: Please list any wellness events or activities your school has undertaken or will undertake this school year.

“No Response”

Question: Please provide any suggestions, best practices, or tools that you believe would be helpful in evaluating and supporting student and staff health and wellness within FCPS.

“No Response”

2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

Question: Please provide any questions or comments you have with regard to FCPS' Student and Staff Health and Wellness policy, regulation, or these wellness survey items.

"No Response"

Summary Tables:

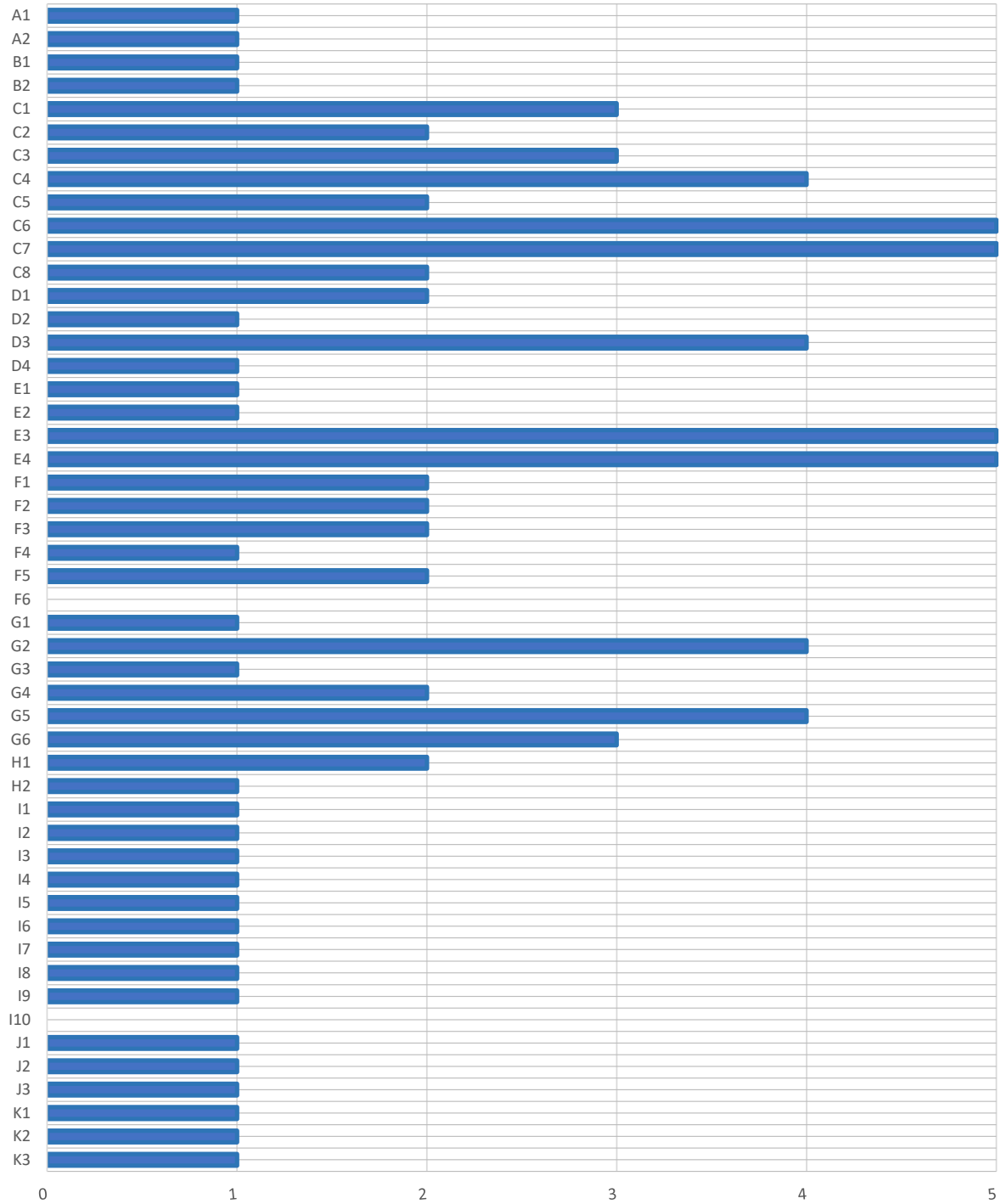
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2023-2024 School Wellness Survey Responses

Dunn Loring EC Center

Survey Questions Grouped by Wellness Score

No Activity (Score = 1)	Exploring (Score = 2)	Transitioning (Score =3)	Emerging (Score =4)	Embedded (Score =5)
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2023-2024 School Wellness Survey Responses

Virginia Hills Center

Section A – Physical Education

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
A1: Physical education classes provide students with the minimum time-requirements under FCPS Regulation 3218.	No Activity
A2: At least 50 percent of physical education class-time includes moderate to vigorous physical activity.	No Activity

Section B – Physical Activity

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
B1: Withholding recess or physical education is not used as a disciplinary action.	No Activity
B2: ELEMENTARY SCHOOLS ONLY: On average, our school provides a minimum of 15 minutes per day of supervised recess.	Not an Elementary School

Question: Please highlight any activities or best practices used to promote student's physical activity.

“ ”

Section C – Health Education

<u>Question: To what extent does your school effectively impart the following topics in FCPS's health education curriculum:</u>	<u>Response</u>
C1: Promoting Healthy Lifestyles.	Emerging
C2: Stress Management.	Emerging
C3: Coping Skills.	Emerging
C4: Depression.	Exploring
C5: Suicide Prevention and Awareness.	Exploring
C6: Mental Health Issues (general).	Exploring
C7: Relationship of Healthy Sleep to Mental Health.	Exploring

2023-2024 School Wellness Survey Responses

Virginia Hills Center

C8: Substance Abuse Prevention.

Exploring

Section D – Health Services

Question: To what extent does your school implement the following practices:

Response

D1: FCPS' protocols with respect to student disclosure and display of concerning behaviors, such as harm to self or others.

Embedded

D2: Students have regular access to public health nurses to address health, safety, and psychological issues.

Exploring

D3: Required staff in our school maintain requisite levels of training in emergency first aid, CPR, and AED per the Code of Virginia.

Embedded

D4: Required staff in our school maintain requisite levels of training in medication administration per FCPS Regulation 2102.

No Activity

Section E – Healthy and Safe School Environment

Question: To what extent does your school implement the following practices:

Response

E1: Encourages children to safely walk or bike to and from school.

No Activity

E2: Promotes age-appropriate mentorships as a way to help students develop strong, safe, and trusted relationships with respected adults.

Embedded

E3: School buildings, grounds, structures, vehicles (if applicable), and equipment are maintained in accordance with FCPS Policy 8560.

Embedded

E4: Maintains a comprehensive tobacco-free policy in accordance with FCPS' Policy 4419 and Regulation 2152.

Embedded

Question: Please share any school or community specific barriers to promoting a healthy and safe school environment for students.

“none”

2023-2024 School Wellness Survey Responses

Virginia Hills Center

Section F – School Counseling, School Psychology, and School Social Work Services

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
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F2: Our staff has received required suicide prevention training, as well as training that includes recognition of, and response to, mental and behavioral health needs.	Embedded
F3: Implements programs that foster social and emotional health and wellness of students and staff.	Embedded
F4: Staff are prepared to effectively implement FCPS' protocol when conducting suicide-risk screenings and assessments.	Transitioning
F5: Provides opportunities for students, families, and staff to learn strategies to identify and manage stressors to maintain a healthy work life balance.	Exploring
F6: MIDDLE AND HIGH SCHOOLS ONLY: Academic advising encourages flexibility in course scheduling to promote adequate sleep and healthy sleep patterns to affect student mental health, wellness, and attendance.	Not a Middle/High School

Section G – Health Promotion for Staff Members

<u>Question: To what extent does the staff wellness liaison support opportunities for staff members to improve their health and well-being:</u>	<u>Response</u>
G1: Health screenings.	No Activity
G2: Health care access.	No Activity
G3: Employee flu immunization clinics.	No Activity
G4: Wellness opportunities for staff, such as fitness challenges, fitness classes, mobile health screenings, wellness walks, workshops, or health fairs that emphasize work/life balance.	Emerging
G5: Awareness of the Employee Assistance Program Services.	Embedded

2023-2024 School Wellness Survey Responses

Virginia Hills Center

G6: Staff celebrations that offer and encourage healthy choices for food and beverages.

Embedded

Section H – Family and Community Involvement

Question: To what extent does your school implement the following practices:

Response

H1: Established a wellness committee to implement activities that support the wellness policy.

Embedded

H2: Includes a non-staff, family, or community member in our school's wellness committee.

No Activity

Question: Please share how your wellness committee encourages involvement from families and community members in promoting wellness in your school.

"none"

Section I – Food and Nutrition General

Question: To what extent does your school implement the following practices:

Response

I1: All students have at least 20 minutes to eat after sitting down for lunch.

No Activity

I2: Students who participate in school meal programs have equal access to the same high-quality food and nutrition as do non-participants who purchase FCPS-provided food.

No Activity

I3: Student tutoring, meetings, and club activities are not scheduled during mealtimes unless students may eat during such activities.

No Activity

I4: Measures in place to prevent overt identification of students who are eligible for free and reduced-price school meals.

No Activity

I5: Encourages the use of non-food items for classroom celebrations.

No Activity

I6: Withholding access to food is not used as a disciplinary action.

No Activity

I7: Potable water is available to all our students at no cost.

No Activity

I8: Actively solicits student input in selecting foods and meals served by Food and Nutrition Services (FNS).

No Activity

I9: Allows students to possess personal containers for drinking water.

No Activity

2023-2024 School Wellness Survey Responses

Pimmit Hills Center

Section A – Physical Education

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
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Question: Please highlight any activities or best practices used to promote student's physical activity.

“Engaging with students outside to make sure they know how to use the equipment”

Section C – Health Education

<u>Question: To what extent does your school effectively impart the following topics in FCPS's health education curriculum:</u>	<u>Response</u>
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C4: Depression.	No Activity
C5: Suicide Prevention and Awareness.	No Activity
C6: Mental Health Issues (general).	No Activity

2023-2024 School Wellness Survey Responses

Pimmit Hills Center

C7: Relationship of Healthy Sleep to Mental Health.	No Activity
C8: Substance Abuse Prevention.	No Activity

Section D – Health Services

<u>Question: To what extent does your school implement the following practices:</u>	<u>Response</u>
D1: FCPS' protocols with respect to student disclosure and display of concerning behaviors, such as harm to self or others.	Emerging
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E3: School buildings, grounds, structures, vehicles (if applicable), and equipment are maintained in accordance with FCPS Policy 8560.	No Activity
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Question: Please share any school or community specific barriers to promoting a healthy and safe school environment for students.

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2023-2024 School Wellness Survey Responses

Pimmit Hills Center

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2023-2024 School Wellness Survey Responses

Pimmit Hills Center

G6: Staff celebrations that offer and encourage healthy choices for food and beverages. Embedded

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2023-2024 School Wellness Survey Responses

Pimmit Hills Center

I10: ELEMENTARY SCHOOLS ONLY: Lunch periods scheduled to follow recess whenever possible.

Emerging

Section J – Nutrition Education, Promotion, and Food Marketing

Question: To what extent does your school implement the following practices:

Response

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No Activity

No Activity

J2: We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.

No Activity

J3: We follow FCPS’ policy on fundraisers as outlined in R2100.

Section K – Nutritional Guidelines

Question: To what extent does your school implement the following practices:

Response

K1: Sodas and sports drinks are not offered for sale to students at any time during the school day.

No Activity

K2: Healthy food and beverage options are encouraged at school-related events outside the school day.

Transitioning

K3: Implements appropriate precautions against severe food allergies.

Embedded
Embedded

K4: We follow all nutrition guidelines for food and beverage standards, as outlined in FCPS P2100 and R2100.

Section L – Ideas/Comments/Suggestions

Question: Please list any wellness events or activities your school has undertaken or will undertake this school year.

“none”

Question: Please provide any suggestions, best practices, or tools that you believe would be helpful in evaluating and supporting student and staff health and wellness within FCPS.

“Na”

2023-2024 School Wellness Survey Responses

Pimmit Hills Center

Question: Please provide any questions or comments you have with regard to FCPS' Student and Staff Health and Wellness policy, regulation, or these wellness survey items.

"No Response"

Summary Tables:

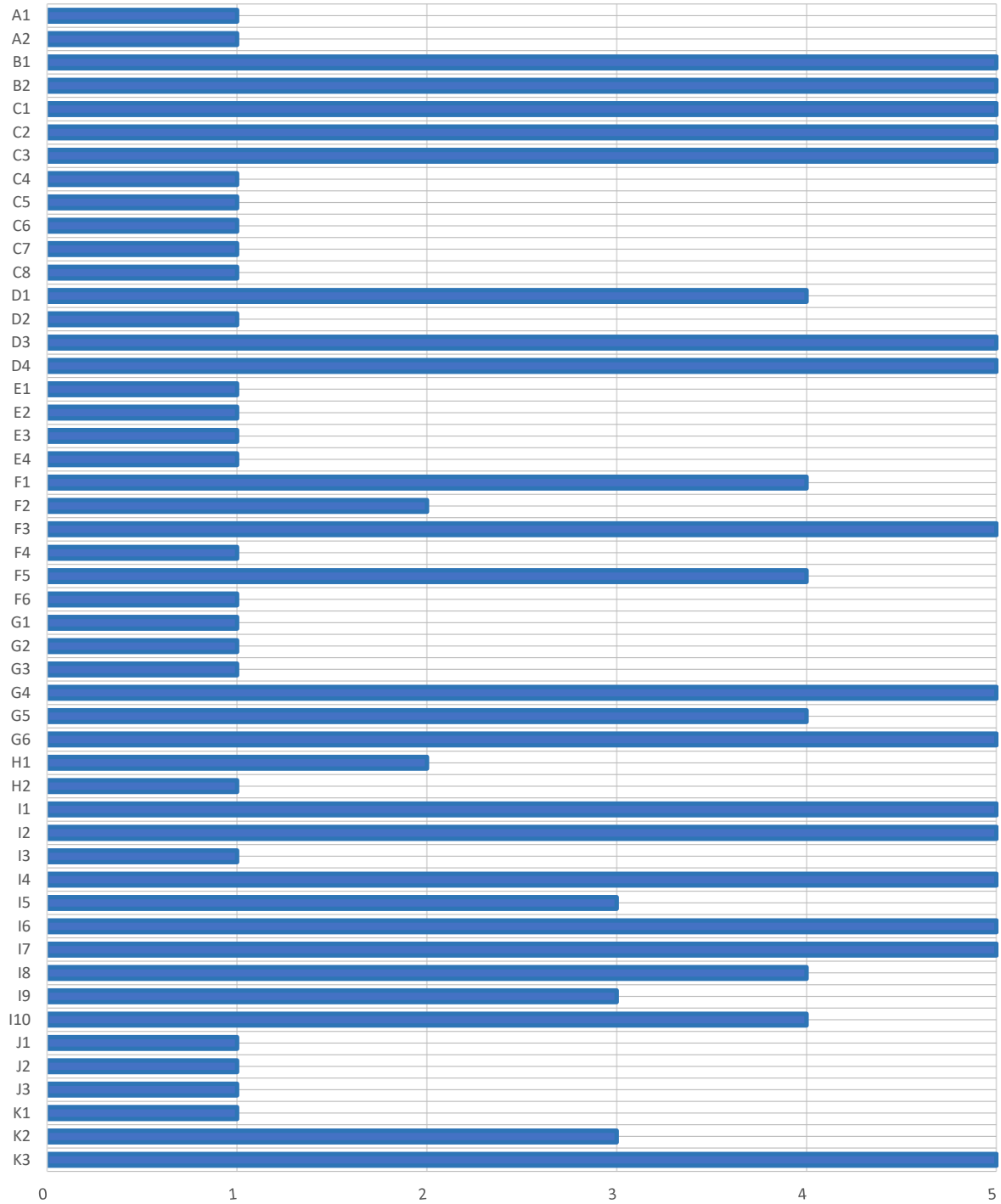
The following graph and table visually summarize your school's responses provided above. Questions in the graph are represented by bars corresponding to the self-reported wellness score. Questions in the table are grouped together according to their self-reported wellness score (e.g., all questions recorded as "embedded" are grouped together, etc.).

*Note: Questions are abbreviated by their section and number. Please refer to the report for the question full text.

2023-2024 School Wellness Survey Responses

Pimmit Hills Center

Comparison of Survey Question and Self-Reported Wellness Score



Wellness Score

(1 = No Activity, 2 = Exploring, 3 = Transitioning, 4 = Emerging, 5 = Embedded)

2023-2024 School Wellness Survey Responses

Pimmit Hills Center

Survey Questions Grouped by Wellness Score

No Activity (Score = 1)	Exploring (Score = 2)	Transitioning (Score =3)	Emerging (Score =4)	Embedded (Score =5)
A1, A2, C4, C5, C6, C7, C8, D2, E1, E2, E3, E4, F4, F6, G1, G2, G3, H2, I3, J1, J2, J3, K1	F2, H1	I5, I9, K2	D1, F1, F5, G5, I8, I10	B1, B2, C1, C2, C3, D3, D4, F3, G4, G6, I1, I2, I4, I6, I7, K3, K4

2023-2024 School Wellness Survey Responses

Virginia Hills Center

I10: ELEMENTARY SCHOOLS ONLY: Lunch periods scheduled to follow recess whenever possible.

Not an Elementary School

Section J – Nutrition Education, Promotion, and Food Marketing

Question: To what extent does your school implement the following practices:

Response

J1: Only food and beverages that meet the “Smart Snacks” standards are marketed to students on school grounds during the school day.

No Activity

No Activity

J2: We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.

No Activity

J3: We follow FCPS’ policy on fundraisers as outlined in R2100.

Section K – Nutritional Guidelines

Question: To what extent does your school implement the following practices:

Response

K1: Sodas and sports drinks are not offered for sale to students at any time during the school day.

No Activity

K2: Healthy food and beverage options are encouraged at school-related events outside the school day.

No Activity

K3: Implements appropriate precautions against severe food allergies.

No Activity

No Activity

K4: We follow all nutrition guidelines for food and beverage standards, as outlined in FCPS P2100 and R2100.

Section L – Ideas/Comments/Suggestions

Question: Please list any wellness events or activities your school has undertaken or will undertake this school year.

“Offering weekend dates for team walks at local parks”

Question: Please provide any suggestions, best practices, or tools that you believe would be helpful in evaluating and supporting student and staff health and wellness within FCPS.

“No Response”

2023-2024 School Wellness Survey Responses

Virginia Hills Center

Question: Please provide any questions or comments you have with regard to FCPS' Student and Staff Health and Wellness policy, regulation, or these wellness survey items.

"No Response"

Summary Tables:

The following graph and table visually summarize your school's responses provided above. Questions in the graph are represented by bars corresponding to the self-reported wellness score. Questions in the table are grouped together according to their self-reported wellness score (e.g., all questions recorded as "embedded" are grouped together, etc.).

*Note: Questions are abbreviated by their section and number. Please refer to the report for the question full text.

2023-2024 School Wellness Survey Responses

Virginia Hills Center

Comparison of Survey Question and Self-Reported Wellness Score



Wellness Score

(1 = No Activity, 2 = Exploring, 3 = Transitioning, 4 = Emerging, 5 = Embedded)

2023-2024 School Wellness Survey Responses

Virginia Hills Center

Survey Questions Grouped by Wellness Score

No Activity (Score = 1)	Exploring (Score = 2)	Transitioning (Score =3)	Emerging (Score =4)	Embedded (Score =5)
A1, A2, B1, D4, E1, F1, G1, G2, G3, H2, I1, I2, I3, I4, I5, I6, I7, I8, I9, J1, J2, J3, K1, K2, K3, K4	C4, C5, C6, C7, C8, D2, F5	F4	C1, C2, C3, G4	D1, D3, E2, E3, E4, F2, F3, G5, G6, H1