

## School Health Advisory Committee April 17, 2024

Committee Members in Attendance	Committee Members Absent	Staff and Guest in Attendance
Ayan Noor	Emily Pressman	James Jadallah
Robert Goldel	Mary Rohmiller	Carrie Reynolds
Katie Moyer	Jennifer Joyal	Bethany Demers
Mary Rogers Kirby	Elvira Anadolu	Saray Smalls
Kelly Fernandez	Kolette De La Cruz	Lea Skurpski
Ilana Yergin-Doniger	Amanda Schlink	
Brenda Silvia-Torma	Anya Malaveeti	
Ann Smith		
Dave Behar		
Dr. Tuc Nguyen		
Jen Steiner		
Kimberly Smith		
Catherine Stone		

### Call to Order

Meeting called to order at 7:15 pm by Robert Goldel. Brenda Silvia-Torma made a first motion to approve. Ilana Yergin-Doniger seconded.

### Minutes

March minutes were reviewed. Ilana suggested revision to page two under new business. First sentence will be revised. Brenda recommended revision to typo on page two and to add that the end of year report will be shared with the Fairfax City School Board.

Ayan Noor motioned to approve March minutes with aforementioned revisions. Brenda Silvia-Torma seconded, approved by unanimous consent.

### Public Comment

- No Public Comment

### FCPS Updates

- SY23-24 School Wellness Surveys have gone out to school administrators and will be completed and posted to the FCPS Wellness Reporting webpage by June 30, 2024.

- Triennial Wellness reporting to VA Department of Education will be completed by June 30 and will be available on FCPS public website. Communication will go out to the public via the FCPS Wellness Newsletter in the fall.
- James Jadallah: Refresh from Stress 2.0 campaign from May 1 to May 31, 2024 with handout to website signup
- Discussion about Later Middle School Start times:
  - Ann Smith polled Middle School Principals about later start times:
    - ~20% in favor; ~50% not in favor
  - Potential positive impact: Fresher students
  - Potential negative impact: More traffic concerns, loss of family and/or work activities in the afternoon, impact on childcare/inability for older students to watch younger siblings.
  - Robert Goldel: Asked about examples of times when FCPS has piloted programs/projects in the past.
    - Ilana Yergin-Doniger shared the example of a handful of schools piloting the provision of computers to students with the FCPS On Program.
  - Committee discussed that pilot programs can be challenging because it takes time to phase in across the division.
  - Robert Goldel made a suggestion to consider piloting later start times among volunteer middle schools.
    - Ann Smith to survey principals to determine interest and to share with committee.

## **New Business**

### Discussion of 2023-2024 Recommendations and SHAC 2024-2025 Charge

- Introduction: Reviewing our charge and reframing our approach from the survey data
  - Challenge of disparate data across too many surveys for student health challenges
- Revising Digital Environment recommendations from 2022-2023 to reflect data gathering and tied to potential policy and implementation challenges.
- Social Isolation and investing in existing approaches.
- Ensuring a student representative is appointed at the beginning of the year and getting more student representation in proposed policy changes.
- Consideration of Brain Health Recommendation as part of the 2024-2025 Charge
- Next steps: Sections of report to be written by May 6th.

Committee agreed to have the report completed prior to May 20 so that it may be shared with the Fairfax City School Board by Brenda Silvia-Torma.

## **Closing Remarks**

Meeting adjourned at 9:01 pm following a motion of unanimous consent.